

U3A Calpe NEWSLETTER

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Flamenco Night

On Sunday 17th March at 7:30PM we will be having our first U3A social event of the year. It will be held at the *Bolero Restaurant* and will include a 3 course meal with a Flamenco show for only €15!

Joy Lally will be taking names, money and menu choices at this month's general meeting. You can also book with her on 96 649 8681 or lallyandjoy@hotmail.com

Hello and welcome to our February Newsletter. We hope that you have all settled back into your activities now and are looking forward to some of the great events your committee are organising for you this year.

This month we are delighted to announce that we will be having a speaker at our Feb general meeting. His name is Nick Green and he will be giving a short talk about his classical music group.

Please can any new or existing members ensure to register their email address details with us, or if you think you have already done so, to check that the email contact information we already have on file is correct. You can check this information with our membership secretary by either emailing her: osborne.val@gmail.com or seeing Val Osborne at the membership desk at any of our U3A general meetings.

The U3A Calpe will be shortly starting to

send out this newsletter by email and we want to ensure that it is delivered to our members' correct email addresses.

Also, don't forget to keep your articles and reports coming in for further newsletters so the rest of our members can keep up to date with your news. Remember, this is your newsletter, for the members, by the members.

Coming events

The next General Meeting will be **Thursday, 14th March 2013** in the *Casa de Cultura* at 10:00 for 10:30 AM.

We are delighted to announce that next month our speaker will be Peter Arnold who is coming to talk to us about his Bodega.

As usual, you can pick up newsletters, travel information and groups lists at our general meetings and it is always a great opportunity to meet with fellow members.

Future Meetings

Will members kindly note that from April onwards our U3A General Meetings will be held at the Ifach Hotel, in their Salon Mare Nostrum room.

The meetings we will hold there will be on the following dates:

- 11th April
- 9th May
- 13th June
- 19th September
- 7th October

Members will be able to obtain drinks in the bar lobby area which is immediately outside the meeting room and there is also an open terrace, use of which is subject to weather!

Website News

Jan Newark, assisted by Tina, Rod and Jenny from your Committee, is compiling a list of retail outlets, services and suppliers willing to offer discounts to U3A members.

You may like to contribute to this new and exciting service we will be providing to all of our U3A members.

If you have a favourite restaurant or food outlet, local shop, hairdresser, beauty salon, service provider, maintenance or building contractor—the list is endless—and you are willing to promote their business by asking if they'd like to be included, then please let us know and we will follow this up for the benefit of all of our members.

Contact Jan Newark on 96 583 6815, or any member of your U3A committee.

Travel and Culture

'Viva España'

Please note that there is to be a change of date for this trip.

Our new date is Sunday 2nd June.

Hopefully, all 29 who have signed as wishing to participate will still be able to go a week later.

The reason for the change is that on Sunday 26th March there will be many young new communicants celebrating at the show/restaurant that day so it will be very noisy. We have agreed to the following Sunday and will each have a glass of cava included on entry.

This trip costs €35 and includes the show and a meal.

Rod will be taking additional names at the Travel Desk at this month's general meeting. Alternatively, please contact him directly.

Peniscola and Barcelona

17th – 20th April 2013

Cost: €320 per person

This trip includes 3 nights accommodation on a full board basis including water and wine.

It is a great opportunity to see these wonderful places, and the price includes an English speaking tour guide.

Cordoba and Seville

3rd – 7th June 2013

Cost: €390 per person

This trip includes 4 nights accommodation on a full board basis including water and wine.

This is another great opportunity for you to see more of what this great country we live in has to offer.

For further details of these trips please contact John Pickford, Travel Co-ordinator: **96 583 4904** and johnpickfordtravel@gmail.com

Rod Anderton, Culture Coordinator, is on **96 583 2081** and rodanderton@yahoo.co.uk

Groups News

Guitar Lessons

Mark Sanderson is offering guitar lessons to all members. Lessons will be at his home, every Tuesday at 10AM

You are asked to bring your own guitar to the lessons. However, if you don't have a guitar but would like to try a lesson or two before buying one, spare instruments will be available in the classes.

Please contact Mark for further information on 96 583 9581

J.U.G.S (Just Us Girls)

The next meeting will be a lunch on Thursday 7th March, 1 for 1:30pm at La Mamma Nostra Restaurant on La Fossa beach (Ifach end).

Sue Longley is taking names and menu choices today or you can contact her on 96 583 3829 to book your place.

Painting – Watercolour (2)

Calling all closet artists, learn to express yourself in watercolour.

A few places are available at our weekly classes. If you've never painted before, but think there might just be a masterpiece or two inside you waiting to be discovered, come and join our small friendly group. We

meet every Monday afternoon 3 to 5 at Hilary's home, just off the Calpe/Moraira coast road.

Hilary will show you what you need, where to get it and how to use it.

For more information, please contact Hilary on 96 649 7014 or chris.hare@telefonica.net

Spanish Lessons

We are hoping to get enough people together to start a new beginner Spanish class.

If this is something that might interest you, please contact Jan Newark on 96 583 6815.

Swimming

Following high interest from our members, we now have 3 lanes allocated at the municipal pool on Wednesday mornings 10-11AM. It has taken a great deal of time and effort from group leader Nicola Martinez to get this up and running so please give it your full support.

This is not only a great way to stay fit through the winter months but is also a lovely social opportunity for our members to have fun.

Please contact Nicola Martinez on 96 583 2837 for further details.

Tenpin Bowling

This group is now going from strength to strength! Last month we had a wonderful turnout of 13 players!

We meet in Moraira on the 3rd Thursday of the month, 7:00 for 7:30PM. Next meeting will be on Thursday 21st February.

Book with Giovanna Wallis on 96 583 3197 or editor@u3acalpe.com

Post Haste!

By: Clare Kennedy

I want my letter
I need a letter
I wait it out
'Til I feel I'll shout
A card, a letter, please! Please! Please!

No sign of post
So I can't boast
It came today
Hip Hip Hooray!
But, no, two weeks have flown by
I've tried to ask
A weary task
"There's nada for you!"
What more to do?
But watch and wait at the garden
gate

Something's here, addressed to me
I put it down carefully, made a cup o'
tea
Open it slowly...
What's this?! An overdue bill!
I slip upstairs and swallow a pill!

Bottle Top Campaign

The Bottle Top Campaign is a great example of how the Town can make money out of recycling and it will run forever.

For this year the money collected will be used to buy school books for children whose parents cannot afford them. This will be organised between Social Services and the Charity Shop (*Tienda de Caridad*) in the *Galerias Mar Azul*.

Acciona, who are in charge of the rubbish removal, will take the tops to the recycling plant at IBI free of charge.

The *Acciona* office is on Avenida 18 de Julio, opposite *La Botella* bar, and they will accept the tops. Other

collection points are the Town Hall, Sports Stadiums and *Centro de Salud*.

The Red Cross offices are now not a collection point for this particular campaign.

Postal Rates

As of 1st January 2013 the postal rates in Spain have increased.

The new costs will be as follows -
Please note: A normal envelope measures no more than 23.5cm x 12cm, and no less than 14cm x 9cm

To the UK

Normal size up to 20g	€0.75
Normal size between 20-50g	€1.45
Large size up to 50g	€1.45

Within Spain

Normal size up to 20g	€0.37
Normal size between 20-50g	€0.52
Large size up to 50g	€0.52

A coloured envelope falls within the larger size *tarifa* in both cases.

Can You Help?

Gillian Kennard's husband Peter has been very sick, but is now out of hospital.

Doctors have recommended he uses an exercise bike, if anyone has one to sell or loan, they would be very interested.

Please contact them directly or get a message passed to them via one of your committee members.